Ch. 5: Toddlerhood (20 points)
Answer the questions completely. All answers must be typed. You can work with groups of up to 5 people. Please turn in 1 paper with everyone’s name. Everyone in your group will get the same grade.

Section 1: Physical Development
1. Why do toddlers in developing countries not grow as rapidly as toddlers in developed countries?
2. What is kwashiorkor? What does it lead to?
3. What micronutrients do toddlers need?
4. A. What are the two key brain developments during toddlerhood?
   B. Describe what is happening.
5. How many hours do toddlers sleep at night?
6. Who do toddlers from developing countries sleep with?
7. Describe 2 gross motor achievements of a toddler.
8. Describe 2 fine motor achievements of a toddler.
9. What are some key signs that a toddler is ready for toilet training?
10. Historically why were toddlers encouraged to toile train as soon as possible?
11. Give an example of how a traditional culture weans a toddler?

Section 2: Cognitive Development
Piaget
12. Identify and describe Piaget’s 5th substage in the Sensorimotor stage.
13. Identify and describe Piaget’s 6th substage in the Sensorimotor stage.
14. Give an example of mental representation.
15. What is deferred imitation?

Vygotzky
16. What is Vygotsky's theory called?
17. What domain of development is Vygotsky's theory based on?
18. According to Vygotsky's theory, who influences the cognitive development of children?
19. What is the zone of proximal development, scaffolding, private speech, and guided participation.
20. Give an example of something you would teach a toddler and how you would scaffold that skill.

Section 3: Socio-emotional Development
21. What is the difference between self-recognition and self-reflection?
22. What are the 4 ways that toddlers regulate their emotions?
23. Give an example of a primary and secondary emotion.
24. What might a toddler do if they see that someone is upset or crying?
25. According to Erikson's Psychosocial development, what stage are toddlers in?
   What is happening in this stage?
26. According to John Bowlby's research, what is attachment based on?
27. What were the 3 types of attachment Mary Ainsworth observed when conducting the Strange Situation Episodes?
28. What is the main role of fathers in traditional cultures?
   Do you think that it is beneficial for children? Why?
29. What are the 3 types of play that toddlers are involved in?
30. What are some features of autism