Chapter 8: Adolescence

Answer each question completely.

Puberty
1. What is the purpose of puberty?
2. What happens to the primary and secondary sex organs during puberty?
3. What initiates (starts) puberty?
4. Who goes through puberty first, males or females?
5. Explain the meaning of secular trend.
6. What is menarche/spermarche?
7. What are the benefits for boys that experience early maturation?
8. What are the disadvantages for girls that experience early maturation?

Brian Development
9. What cycle of growth does the brain go through during puberty?
10. How does myelination help the brain functioning?
11. What does the cerebellum do?

Adolescent Health Issues
12. What type of eating habits do adolescents have?
13. Define the two types of eating disorders.
14. What are the 4 categories of adolescent substance use?

Piaget's Cognitive Development
15. What is the last stage of Piaget's cognitive development theory?
16. What are the strengths of children in this stage?
17. What are examples of egocentrism during adolescence?

Education & Work
18. What are the types of schools that adolescents attend around the world?
19. What type of jobs do adolescents do?

Social Emotional
20. What are the differences between actual/possible/feared/false self?
21. What are the 8 domains of adolescent self image?

Family & Peers & Friendships
22. What are some of the reasons for conflicts that adolescents have with their parents?
23. Do adolescents spend time with siblings and extended families?
24. What is the difference between cliques and crowds?
25. What are the negative effects of bullying?
26. What is cyberbullying? Provide some examples.