### Course Schedule

**Week 1**  
**Introduction to PD 17, October 30, 2014**

- **Read:** Course Syllabus
- **Activity:** Introductions  
  - Go on Campus Tour & Visit the Transfer Center  
  - *Journal #1: Where do you see yourself in 3-5 years? (10 points)*
- **Assignment:**  
  - Student Services Scavenger Hunt (30 points)  
  - Student Information Sheet (10 points)  
  - College Expectations Sheet (10 points)
- **HW:** Study for Quiz #1 on Syllabus, Turn in Journal activity  
  - **Complete by Thursday 11/6/2014**

**Week 2**  
**Introduction to College; Strategies for Success, November 6, 2014**

- **Read:** Article on Brainology  
  - Packet on The Secrets of College Success
- **Take Quiz #1:** Syllabus (10 points)
- **Lecture:** Goal Setting & Values  
  - Learning Styles
- **Activities:**  
  - Case Study – Setting Priorities (10 points)  
  - Writing SMART Goals (10 points)  
  - *Journal #2: What is one thing you can change today to help you become more successful in college. (10 Points)*
- **Assignment:**  
  - Complete Learning Styles Inventory (Handout 10 points)  
  - Complete Personality Quiz (Handout & Website printout 10 pt.)  
  - My Values (10 points)
- **HW:** Study for Quiz #2 on Brainology and Packet on The Secrets of College Success, Learning Styles Inventory, and Personality Quiz  
  - **Complete by Thursday 11/13/2014**

**Week 3**

**Time Management, November 13, 2014**

- **Read:** Time Management Strategies packet
- **Take Quiz #2**
- **Lecture:** Time Management & Lecture Note Taking Skills  
  - Effective Writing and Speaking
Activities: Case Study- Time Management
Lecture on Love
One minute speech

Assignment: ABC To Do List (10 points)
Long Term Projects handout (10 points)
Fixed Commitment Calendar (10 points)

Journal #4: What are your most pressing obligations, other than your studies that will have to fit into your time management plan? Are there any of them more important to you than doing well in college? Why or why not? (10 points)

HW: Turn in two pages of class notes using any style
Study for Quiz #3 on Time Management Strategies
Completed by Thursday 11/20/14

Week 4

How We Learn, November 20, 2014

Read: Article on Learning to Learn
Take Quiz #3
Lecture: PowerPoint - Concentration & Memory
Activity: Metacognition with Brainology

Journal #5: Which of your current classes would you describe as your favorite? Do you think that your choice has anything to do with the instructor’s teaching style? Why or why not?

HW:
1. Do the page one, left hand side column of Ed Planning Project using the catalog handed out in classes
2. Read article on Learning to Learn and use Metacognition Tool-Table, please write at least 12 “golden lines” that seem important to you and then write your thoughts in the next column of the handout.
3. Study for Quiz #4 on Learning to Learn
Completed by Thursday 12/4/14

Week 5: Holiday - November 27, 2014 Thanksgiving

Week 6


Read: Links provided under week 6: Mastering the Test, General Test Preparation, Anticipating test content, Reviewing tools for test, Overcoming test anxiety, Organizing for test taking, Cramming, Emergency test preparation.

Take Quiz #4
Lecture: PowerPoint-Certificate &, Degree Completion & Transfer Process
Activity: Ed Planning Project

Assignments: Ed Plan Project

HW: Journal #6: Would you describe your major as something you’re really passionate about? Why or Why not? If your answer is no, why are you pursuing this particular major?
Completed by December 11, 2014

Week 7  Creating Healthy Relationships, December 11, 2014

Read: Effective Communication

Lecture: PowerPoint

Assignment: Journal #7: At this point in your life, what are the three most important relationships? Write about each of those three people and what makes them special to you.

Assignment - Case Study: Language of Feelings
Completed by December 18, 2014

Week 8  Final
Wrapping it up, tying it all together,

Assignments – Case Studies

Journal #8: How have you grown? Imagine when you first step into this classroom and how you have grown in these 8 weeks. What did you like the most about this class? What did you like the least?