INTRODUCTION

The cells of all living organisms require energy to keep themselves alive and fulfilling their roles. Where does this energy come from? The answer is energy released from molecules of the nucleotide adenosine triphosphate or ATP.

As you can see from the diagram above, the hydrolysis of ATP to ADP (adenosine diphosphate) and inorganic phosphate (P_i) is exergonic and thus releases energy which cells can use to do any number of things. Once hydrolyzed, ATP can be regenerated from ADP and P_i, though this is endergonic and thus requires energy. The energy needed to regenerate ATP is obtained from “food”, whatever that may be.

The food we eat is first digested by enzymes as you learned in the previous lab. Once the polymers in your food (e.g., polysaccharides, triglycerides, protein) have been broken down by enzymes into monomers (e.g., monosaccharides such as glucose, fatty acids, amino acids), they enter the blood circulation and are delivered to the cells of the body. Within cells, the processes of fermentation and cellular respiration will further catabolize (break down) these molecules, harvesting the energy they contain for the synthesis of ATP.

Let us now take a brief look at fermentation and cellular respiration to see how each process produces ATP using energy released from molecules of glucose. Keep in mind that, although we are focusing on glucose, other molecules such as fatty acids can be used for the same purpose, though in slightly different ways.
Part 1: FERMENTATION

To produce ATP from glucose, whether by fermentation or cellular respiration, cells must first partially break it down by glycolysis (“sugar” “separation”). The enzymes involved in glycolysis are located in the cell cytoplasm and sequentially break down each 6-carbon molecule of glucose to two 3-carbon molecules of pyruvate. In the process, enough energy is extracted to produce 2 molecules of ATP.

\[
glucose \text { (6-carbons)} \rightarrow 2 \text { pyruvate (3-carbons)}
\]

\[
2 \text { ADP} + 2 \text { Pi} \rightarrow 2 \text { ATP}
\]

In conjunction with glycolysis, cells will carry out fermentation if there is no oxygen \((O_2)\) available. When you overexert yourself for example, your muscles do not receive enough oxygen and temporarily ferment glucose. In another familiar example, yeast will ferment when placed in an enclosed environment with a source of carbohydrate such as grapes (for making wine) or hops and barley (for making beer).

Interestingly, fermentation does not produce any additional ATP. What it does do is regenerate an important molecule needed for a particular step in glycolysis. This molecule is the electron carrier NAD\(^+\), which if depleted will bring a halt to glycolysis and ATP production, resulting in cell death. Fermentation therefore contributes to ATP production indirectly by allowing glycolysis, and the production of 2 ATP per glucose, to continue unhindered.

\[
\begin{align*}
2 & \text { NAD}^+ \rightarrow 2 \text { NADH} \\
\text {glycolysis} & \rightarrow 2 \text { fermentation products} \\
2 & \text { ADP} + 2 \text { Pi} \rightarrow 2 \text { ATP}
\end{align*}
\]

As shown above, NAD\(^+\), an empty electron carrier, is converted to NADH, a full electron carrier (the electrons being “carried” are associated with the hydrogen atom) during glycolysis. Fermentation is simply one or more biochemical steps that transfer the H\(^+\) in NADH and an extra electron to a molecule of pyruvate. As a result, NADH is restored to NAD\(^+\), which is needed for glycolysis, and pyruvate is converted to a “fermentation product” which can be a variety of things depending on the organism.

Animals, including human beings, produce lactic acid when their cells ferment. In organisms from other kingdoms the fermentation products can be quite different. Some bacterial species produce acetic acid (vinegar) when they ferment, whereas others produce acetone (the main ingredient in nail polish) or other organic molecules. In the Kingdom Fungi, single-celled yeasts when
fermenting will produce CO₂ and ethanol instead. This process, known as alcohol fermentation, is the basis for beer and wine production. Regardless of the fermentation products, the purpose of fermentation is always the same – to regenerate NAD⁺ so that glycolysis can continue to produce 2 ATP per glucose without interruption.

In the following exercise you will investigate alcohol fermentation in yeast under different conditions and measure the production of one fermentation product – CO₂.

Exercise 1 – Observing and Measuring Alcohol Fermentation in Yeast

1. On your worksheet, write a hypothesis addressing the effect of increasing concentrations of yeast on CO₂ production.

2. To test your hypothesis, plan an experiment combining various amounts of water, yeast solution and corn syrup (a source of sugar). You will plan 3 reactions that each total 12 ml in which the independent variable is the concentration of yeast. You should also have a control reaction. No reaction should contain more than 4 ml of yeast solution or corn syrup.

3. Assemble each reaction in small beakers, and once all 3 reactions are complete, transfer each mixture to a labeled saccharometer (as shown on the right). Simultaneously tilt all 3 saccharometers (gently) until no air is trapped inside the column. At this point you will begin the timing of your experiment (record start time on your worksheet).

4. At 5 minute intervals, use the graduations on the column to estimate the volume of gas trapped in the column in ml for a total of 30 minutes.

5. Record the data on your worksheet, graph the data, and answer the associated questions.

Part 2: CELLULAR RESPIRATION

While 2 ATP per glucose molecule is clearly better than nothing, it is not nearly enough to meet the energy needs of complex multicellular organisms such as plants and animals. To get the maximum ATP yield from molecules of glucose requires cellular respiration, which and produce up to 36 ATP per glucose molecule. In aerobic organisms, cellular respiration requires O₂ (which is why we breathe!), hence the term aerobic respiration.
The overall process of cellular respiration can be summarized in the following equation:

\[
\begin{align*}
\text{glucose} & \quad + \quad \text{oxygen} \\
\text{C}_6\text{H}_{12}\text{O}_6 & \quad + \quad 6 \text{ O}_2 \\
& \quad \rightarrow \quad 6 \text{ CO}_2 & \quad + \quad 6 \text{ H}_2\text{O} \\
& \quad \text{36 ADP} & \quad + \quad 36 \text{ P}_\text{i} \quad \rightarrow \quad 36 \text{ ATP}
\end{align*}
\]

In eukaryotic cells, cellular respiration begins with glycolysis in the cytoplasm and continues in the mitochondria as outlined below:

**The Citric Acid Cycle** – This is a biochemical pathway involved in breaking pyruvate down to CO₂. In the process, energy rich electrons in hydrogen atoms are transferred to NAD⁺ and FAD producing NADH and FADH₂. In addition, 2 ATP per original glucose are also produced.

**Oxidative Phosphorylation** – This is the process by which the remaining 32 ATP molecules are produced involving two distinct stages:

- **Electron Transport** - electrons gathered by NADH and FADH₂ during glycolysis and the citric acid cycle are used to produce an H⁺ gradient within mitochondria in a process that requires O₂
- **Chemiosmosis** – the H⁺ gradient produced by electron transport provides energy for ATP synthase to make 32 ATP per original glucose

The importance of O₂ for cellular respiration cannot be overemphasized. O₂ is the final electron acceptor in the electron transport chain. Without O₂ electron transport does not occur, bringing cellular respiration to a halt, and the only option for ATP production is fermentation. This means 2 ATP per glucose instead of 36. The cell diagram below summarizes fermentation and cellular respiration in relation to O₂ and where each process occurs in eukaryotic cells, and the number of ATP molecules produced.
In the next exercise you will detect the oxidation of succinate, a metabolic intermediate in the Citric Acid Cycle, as evidence of cellular respiration. Succinate dehydrogenase (SDH) is an enzyme in the Citric Acid Cycle which catalyzes the removal of 2 hydrogens from succinate (i.e., the oxidation of succinate) which are transferred to the electron carrier FAD. This yields the products fumarate and FADH$_2$ as shown below:

$$\text{FAD} + \text{succinate} \xrightarrow{\text{succinate dehydrogenase}} \text{FADH}_2 + \text{fumarate}$$

FADH$_2$ in turn will donate the electrons from these 2 hydrogens to coenzyme Q in the electron transport chain. The compound DCPIP (di-chlorophenol-indophenol) is not normally found in cells, however when added to mitochondria it will substitute for coenzyme Q and receive electrons from FADH$_2$. Before receiving the electrons (in its oxidized state) DCPIP is a blue color, however after receiving the electrons (being reduced by FADH$_2$) DCPIP is colorless. Because of this color change, DCPIP is a good indicator of respiration as illustrated below.

In the next exercise you will add DCPIP to a mitochondrial suspension made from lima beans (yes, plants carry out cellular respiration too!) and detect the citric acid cycle step illustrated above by the loss of blue color in DCPIP.
Exercise 2 – Detecting cellular respiration in a mitochondrial suspension

1. Review the experiment below, write your hypothesis on your worksheet and identify the independent and dependent variables as well as the control.

2. Label 3 test tubes and add the components indicated in the chart below, in order:

<table>
<thead>
<tr>
<th></th>
<th>Tube #1</th>
<th>Tube #2</th>
<th>Tube #3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phosphate Buffer Solution</td>
<td>4.0 ml</td>
<td>3.7 ml</td>
<td>3.4 ml</td>
</tr>
<tr>
<td>DCPIP</td>
<td>0.5 ml</td>
<td>0.5 ml</td>
<td>0.5 ml</td>
</tr>
<tr>
<td>Succinate Solution</td>
<td>0 ml</td>
<td>0.3 ml</td>
<td>0.6 ml</td>
</tr>
<tr>
<td>Lima Bean Extract</td>
<td>0.5 ml</td>
<td>0.5 ml</td>
<td>0.5 ml</td>
</tr>
<tr>
<td>TOTAL</td>
<td>5.0 ml</td>
<td>5.0 ml</td>
<td>5.0 ml</td>
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</tbody>
</table>

3. Make sure each tube is mixed and score the color of each tube every 5 minutes for a total of 30 minutes using the scale shown below:

4. Graph color score vs time for each tube and answer the associated questions.

Part 3: DESIGNING AN EXPERIMENT

Having investigated alcohol fermentation in yeast and cellular respiration in a mitochondrial suspension, you and your group will design and carry out a new experiment to expand on what you have already learned.

Exercise 3 – Design an experiment

1. Decide as a group to further investigate yeast fermentation or cellular respiration in lima bean mitochondrial suspension.

2. Identify an independent variable you have not already investigated (e.g., amount of corn syrup or mitochondrial suspension) and come up with a hypothesis with regard to this variable. Write the hypothesis on your worksheet.

3. Design an experiment to test this hypothesis. On your worksheet, briefly describe your experimental plan, and identify the independent variable, dependent variable and control.

4. Carry out your experiment, record and graph the results on your worksheet, and write your conclusion.
Exercise 1 – Yeast fermentation

Start time: ________

State your hypothesis below and identify the indicated components of this experiment:

➢ Hypothesis:

➢ Independent variable:

➢ Dependent variable:

➢ Control:

Results:

<table>
<thead>
<tr>
<th></th>
<th>0 min</th>
<th>5 min</th>
<th>10 min</th>
<th>15 min</th>
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On the grid below, graph the results for each tube by plotting the amount of gas produced vs time.

➢ Did these results support your hypothesis? Explain.
Exercise 2 – Cellular respiration

Indicate the roles of each of the following components in your experiment:

Lima bean extract: Succinate:

DCPIP: Buffer:

State your hypothesis below and identify the indicated components of this experiment:

➢ Hypothesis:

➢ Independent variable:

➢ Dependent variable:

➢ Control:

Results:

<table>
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<tr>
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On the grid below, graph the results for each tube by plotting the color score vs time.
Did these results support your hypothesis? Explain.

Why was it important for this and the previous experiment to keep the total volume of each tube constant?

Exercise 3 – Design an experiment

State your hypothesis:

Provide the details of your experiment below:

Identify the indicated components of your experiment:

Independent variable:

Dependent variable:

Control:

Draw a chart or table and record the results of your experiment below:
Graph your results on the grid below:

Did these results support your hypothesis? Explain.